



*WVMPHP can help you
or someone you love.*

Early detection, intervention & evaluation offer the best opportunity for success, thereby preventing any interference with the safe practice of medicine.

We Provide:

- Confidential Consultation
- Assistance & Guidance
- Interventions
- Assessments & Referrals
- Recovery Monitoring
- Case management
- Education/Prevention Workshops and Presentations
- Consultations for WV Hospitals, Medical Staffs & organizations
- Support for Families
- Documentation of compliance with treatment provider recommendations

We Serve:

- Physicians
- Medical Students / Residents
- Podiatrists
- Physician Assistants
- Physician Assistant Students
- Family members & colleagues
- Public



WVMPHP Mission Statement

To promote, through early identification of potentially impairing illness, the health and well-being of healthcare professionals through education, referral, evaluation, treatment and support services.

History

The West Virginia Medical Professionals Health Program (WVMPHP) is a physician-directed, non-profit organization founded by organized medicine in West Virginia to reach out to troubled colleagues since 2007. The WVMPHP is a confidential resource, to the maximum extent provided by law, for any physician, podiatrist or physician assistant and their spouses, domestic partners, families, employers, hospitals, training institutions and colleagues who have concerns that a practitioner might be suffering illness and at risk for potential impairment.

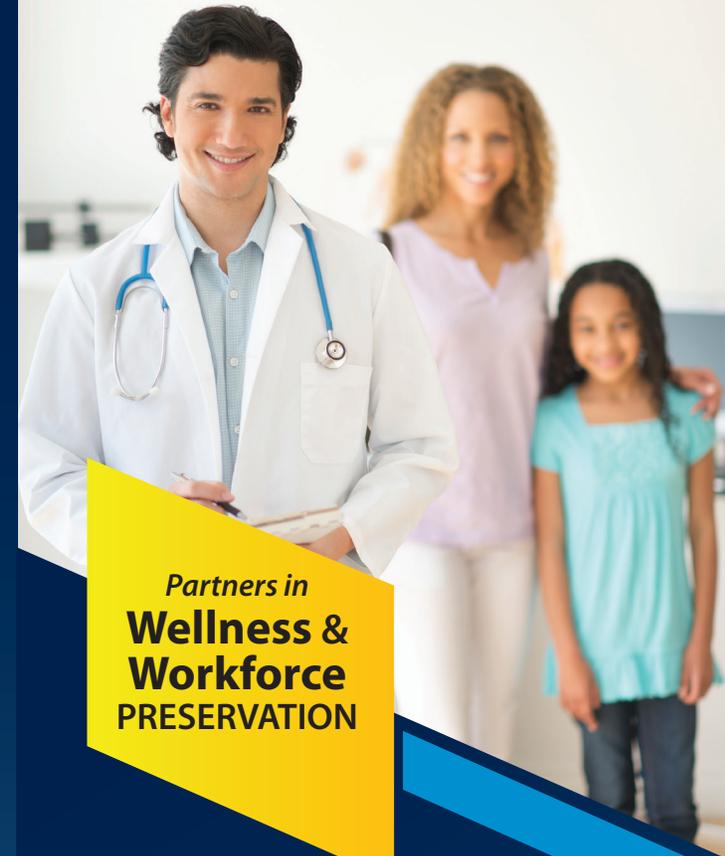
For confidential information and treatment options, contact:



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West Virginia
**Medical Professionals
Health Program**



*Partners in
**Wellness &
Workforce
PRESERVATION***

Time for a new beginning.

WVMPHP promotes the health and well-being of West Virginia healthcare professionals providing a confidential resource when facing personal and professional challenges.

SAFE-HAVEN

*Senate Bill 573 was passed in March 2007 as an enabling legislation providing a **safe avenue** for physicians, podiatric physicians, and physician assistants, including medical students and residents, to seek **assistance and guidance in a confidential and respectful manner**. Licensees are **NOT required to disclose their WVMPHP participation** for qualifying illness to their perspective medical board during licensure renewal, solely based on diagnosis and PHP participation.*

Dedicated to Healthcare Professionals. Committed to Patients.

Many believe health professionals are immune to addiction and mental illness by virtue of their intelligence, education and dedication to helping others.

Concerning FACTS for Healthcare Professionals

- **Substance Use Disorders (SUDS)** - lifetime incidence of equal to or greater than the general population of 10-15%
- **Depression** - lifetime prevalence as in the general population of nearly 16%
- **Suicide** - 40% higher in the male physician population and 2x more common in female physicians
- **Physical illness** - 10% lifetime incidence

Fears of *stigma, discrimination, loss of confidentiality, disciplinary action, licensing problems, and career damage* all result in health professionals *seeking treatment at lower rates than the general population.*

As other areas of their lives deteriorate, the workplace is usually the last arena impacted. *Mental illness and addiction are potentially impairing.* Early identification, intervention, diagnosis, and treatment may be life and career saving.

CONFIDENTIALITY

Confidentiality is a cornerstone of WVMPHP's success for participants and referents. The WVMPHP values and respects the confidentiality of our participants and those individuals who contact us for assistance, guidance and support for themselves, a family member, friend or colleague. The WVMPHP recognizes the sensitivity of the issues that medical professionals may face and provides a safe and secure space for individuals to acknowledge their struggles and seek assistance. Maintaining participant confidentiality is an integral element of the WVMPHP, operating under very strict guidelines. The WVMPHP does not (with rare exceptions regarding non-compliance or public risk) disclose the identity or information about any current or former participant without a written release of information. Confidentiality of WVMPHP participants is protected to the maximum extent provided by existing State and Federal law.



WORKFORCE PRESERVATION

The preservation and well-being of the healthcare workforce is essential for delivering high-quality patient care and maintaining a robust healthcare system. Practitioners are vulnerable to high levels of stress, burnout, and mental health issues due to the demanding nature of their profession.

Proactive

WVMPHP is a proactive resource with the ability to assist in addressing the unique challenges faced by hospitals, employers, training institutions and individual physicians, podiatrists, physician assistants, medical students, and residents with respect to:

- **Substance Use Disorders (SUD)**, misuse, abuse, or dependence, including alcohol, early identification and treatment are key.
- **Depressive disorder**, including stress and burnout, a growing issue affecting job satisfaction, potentially leading to reduced productivity and impact quality of care.
- **Mood disorders (unipolar and bipolar)**
- **Anxiety disorders**
- **Attention Deficit Disorder**
- **Post-Traumatic Stress Disorder**

How We Can Help

WVMPHP assists in navigating issues which could potentially affect the ability to practice with reasonable skill and safety. WVMPHP helps identify, refer for assessment, and/or treatment if indicated, monitor recovery and endorses the well-being of healthcare practitioners who have a mental health or substance use disorder. WVMPHP is dedicated to helping practitioners heal and, in so doing, to enhance the safety of those practitioners' patients.

Strengthen Healthcare Community

WVMPHP helps ensure the health and well-being of practitioners, which strengthens the overall healthcare community by preserving access to care and a "healthier" workforce leading to increased job satisfaction, and a stronger sense of loyalty among practitioners, ultimately benefiting patients and the healthcare community.

OUR PROCESS

CONTACT: Process begins with a referral/self-referral. An employer, hospital, training institution, family member, patient, co-worker, licensure board or an individual themselves can confidentially contact the WVMPHP with concerns about health and well-being.

INTAKE: WVMPHP staff will gather initial information as it relates to the situation necessitating the referral, offer support in a confidential and respectful manner and arrange for an interview with the medical director.

INTERVIEW: The Medical Director meets with the health professional to gain perspective of the issues, offer support, resources, and if indicated, refer for assessment and/or treatment.

HEALTHCARE PROFESSIONALS' ASSESSMENT / TREATMENT: Participant undergoes a healthcare professionals' assessment, and/or treatment if indicated, at a qualified/approved evaluation/treatment center.

WORKPLACE REINTEGRATION: Treatment provider's recommendations are utilized to establish the framework for the safe reintegration back into the active practice of medicine. WVMPHP supports the right of health professionals to continue practicing when there is documentation that their illness is in remission.

MONITORING / CONTINUING CARE: An individualized continuing care monitoring agreement is crafted comprised of recommendations from the evaluation and/or treatment facility. Agreements range from 6 months to 5 years depending on case specifics. The agreement offers guidance and accountability for the optimal success of each participant's recovery. With WVMPHP participation, success rates for long-term recovery are excellent.

Evidence of recovery is obtained through behavioral observations, demonstration of healthy choices, and active participation in recovery activities. Objective information includes documentation of abstinence gained through drug/alcohol testing. The objective information gathered internal to the confidentiality protections of the WVMPHP on compliant participants enables the program to provide letters of compliance and well-being without the release of private, personal medical information.